



Worm Farming - Fact Sheet

Worm facts

- Worms are soil makers and are a key part of healthy soils. Looking after the worm communities in our worm farms assists us to improve the soils in our gardens and to encourage a healthy natural population of worms in this environment.
- Worms eat organic matter and turn it into vermicast, a type of humus - the richest and most important part of all soils.
- Vermicast has a high level of microbial activity, and when added to soil, increases the microbial activity of the soil. This assists plants to strengthen their immune systems.
- Worms in our soils dig holes that allow the rainwater to move deeper into the soil, down where the roots of plants are, ensuring water is getting to the place it is needed most.
- Worm holes allow soils to breathe ensuring plants are healthy and vibrant.
- Worms increase the water holding capacity of the soil.
- Worms increase the amount of minerals available to plants in the soil.

To learn more about worm farming come along to one of Kimbriki Eco House and Garden's [The Wonderful World of Worms](#) workshops.

For more information visit www.ecohouseandgarden.com.au, email us at info@ecohouseandgarden.com.au or contact us via the Kimbriki Resource Recovery Centre on 02 9486 3512 (Tuesday, Wednesday and Friday).